

The Fidget Project

Making the “fidget” is both a creative and a practical process.

The “fidget” lap robe or blanket can be in various sizes: 12” x 18” or 18” x 18” or 24” x 24”
The muff can be any size.

You can use any stitch but the piece should be fairly tight. You may use any washable yarn in your choice of colors.



The one strict rule of the project is that the objects adorning the “fidget” must be safe.

According to the guidelines from the Berks Heim care staff, safe objects include zippers, tassels, large buttons that are tightly secured, and hair scrunchies.



Trinity Knitters meet every fourth Wednesday of the month

Trinity Lutheran Church 527 Washington Street Reading, PA 610-374-4861 knitters@trinityreading.org

Free parking on our Fifth Street Lot (521 North Fifth Street)